

Evergreen Commons Senior Care Services

Let us share the caring at home or at Evergreen.

480 State Street

Holland, MI 49423

Contact: Resource Coordinator

(616) 355-5118 or toll free 1-888-201-9145

www.evergreencommons.org

Serving Allegan and Ottawa Counties (unless otherwise noted)

Free Assessments

In-Home Care

Hours: Monday – Sunday, Call for availability

Services: Let Evergreen Senior Care Services share the caring with non-medical personal care, companionship, meals, errands, homemaking, and/or home-delivered meals.

Eligibility: Any older adult needing assistance to live at home safely and comfortably.

Funding available by ACCOA for seniors 60+ on the West half of Allegan County.

Caregiver Respite

Hours: Monday – Sunday, Call for availability

Services: Are you caring for an older adult? Could you use a break to run errands, see your friends, or get some chores done? Let Evergreen Commons Senior Care Services share the caring. Our trained in-home professionals will provide companionship and care for your loved one while you take a break from caregiving.

Eligibility: Any caregiver of an older adult. Funding available by ACCOA for seniors 60+ on the West half of Allegan County OR funding available by AAAM for seniors and/or adults 18+ (with cognitive or health impairments) in Allegan County.

Adult Day Care

Hours: Monday – Friday, call for availability

Services: Evergreen's Adult Day Health and Prime Time programs provide safe, caring and reliable community-centered day services for frail or health-impaired adults. A Registered Nurse on site. Nutritious meals, music, friends, volunteers and more.

Transportation available for participants.

Eligibility: Frail or health-impaired adults (18+). Funding available through AAAM for all Allegan County residents.

Care or Case Management

Hours: 8:00 a.m. – 5:00 p.m. Monday – Friday

Services: Trained, professional staff provides in-home assessments, coordinate necessary services and provide on-going monitoring for frail, at-risk seniors to ensure their well-being and safety. Managers help families screen, arrange and monitor in-home help or other services. They also provide education, advocacy, counseling and support to clients and caregivers. Workers act as liaisons for family caregivers at a distance.

Eligibility: Any older adults or caregivers of older adults.

Congregate Meal Site

Hours: 11:30 – 12:30 Monday – Friday. Brunch 9:00 – 11:00 every 2nd and 4th Friday.
Services: Meal vouchers available through the Senior Care Services Office for a suggested donation of \$2.50 to Ottawa County residents age 60 and older.

Information & Referral

Hours: 8:00 a.m. – 5:00 p.m. Monday – Friday
Services: Ongoing research and networking allows Evergreen to stay tuned to the latest resources and services available for older adults and their caregivers. We offer assistance accessing these community agencies and resources.
Eligibility: Open to Community

Healthy Aging Seminars & Classes

Hours: Vary, call for date, time and location
Services: Health Aging is a free, monthly seminar focusing on health topics. Other classes offered throughout the year focusing on caregiver training, dementia, chronic disease management and more.
Eligibility: Healthy Aging is free and open to all. Other classes may have minimal fees or other requirements.

Support Groups

Hours: Call for date, time and location
Services: Evergreen offers the following support groups: Caregiver Support Groups, Friendly Visitor Program (for homebound seniors), Parkinson's Support Group, Stroke Support and Veterans' Assistance
Eligibility: Open to all

Ramps

AmRamp
A Division of Evergreen Commons
Serving: State of Michigan
Contact: Doug Draeger
(616) 581-0209 or 1-800-649-5215
Hours: 8:00 a.m. – 5:00 p.m. Monday – Friday
Services: Rent or buy a portable, steel ramp from AmRamp. Free home evaluation.
Eligibility: Anyone needing a wheelchair accessible ramp. Limited scholarships may be available.

Evergreen Commons Senior Center

Helping adults get the most out of life in the second half.

480 State Street, Holland, MI 49423

Main Number: (616) 396-7100

www.evergreencommons.org

Serving West Michigan Seniors 50 years and older

Social and Recreational Resources

Hours: Office open 8:00 a.m. – 5:00 p.m. Monday – Saturday Center has extended and weekend hours.

Services: Get the most out of life through Evergreen's enrichment programming -- travel, wood shop, classes, clubs, computer lab, and more!

Eligibility: Adults age 50 +. Memberships are \$45 per year. Scholarships available for services and programming.

Fitness Center & Pool

Hours: Expanding hours in the fall. Open Monday – Saturday. Call for more information.

Services: Getting fit is the number one reason people join Evergreen. Our fitness experts are trained to help older adults get fit and stay health.

Eligibility: Our fitness center and pool are open to members for an additional fee.

Dining

Hours: 11:30 – 12:30 Monday – Friday. Brunch 9:00 – 11:00 every 2nd and 4th Friday.

Services: Visit our cafeteria-style dining room and enjoy our selection of salad bar, soups, sandwiches, desserts, and main entrée. Special Friday brunch buffets are fantastic. Remember, no tipping please!

Eligibility: Open to all

Educational Resources

Hours: 8:00 a.m. – 5:00 p.m. Monday – Friday Call for date/time

Services: Evergreen Commons offers a volunteer-staffed library with rotating selections, large print editions, magazines, newspapers and caregiver resource section. Educational enrichment and health-related seminars and classes available.

Eligibility: Library available to Evergreen Commons members. Many classes are open to members and non-members.

Volunteer

Hours: Vary Monday - Saturday

Contact: Mike Foshaug

(616) 355-5138

Services: Volunteers are the heart of Evergreen Commons and help us with: Kitchen Food Preparation, Dish Washing, Meal Deliveries, Wait Staff, Tax Preparation, Front Desk Ambassador, Tours, Fitness Desk, Data Entry, Newsletter Stuffing, Photography, Cashier, and More!

Eligibility: Teens to adults with a heart for helping seniors.